

List of local support services

Organisation	Website	Support offered
Citizens Advice Stockport	https://www.citizensadvice.org.uk/about-us/contact-us/local-citizens-advice/0014K000009EMMIQAO/	Support for a range of issues including debt and money advice, benefits, work issues, housing, legal issues and immigration. Website includes dates for in-person drop in sessions and phone support
Stockport Support Hub	https://stockportsupport.com/	Delivering support services across Stockport, commissioned by the council. The website has direct links to services such as home, transport and domestic abuse or Deaf support. They can guide users if they aren't sure of the support they need.
Wellspring	https://www.thewellspring.co.uk/get-help/ Phone (8am – 4pm) 0161 477 6344	Local homelessness support – for people at risk of being homeless or already homeless.
Council Cost of living website	https://www.stockport.gov.uk/topic/cost-of-living-support	Support with the cost-of-living crisis. Lots of links to other useful services
Action fraud	https://www.actionfraud.police.uk/reporting-fraud-and-cyber-crime	Report scams - 0300 123 2040. If learners should contact their bank as well if they are worried their account details have been shared with scammers.
Trussel Trust Food bank vouchers	https://stockport.foodbank.org.uk/locations/	Clients need a voucher before they can go down to their nearest food bank. Stockport Homes tenants can contact their Money Advice Team for a voucher on 0161 217 6016 (option 3 and then option 4). All other Stockport residents can contact Stockport Council's cost of living crisis line on 0161 474 2140.
Chelwood food bank	https://chelwoodfoodbankplus.org/	Stockport's other food bank not affiliated to the Trussel trust. Scroll down for locations on the website. Support with beds, bedding, clothes and household goods as well as food.
Stockport 'Your local pantries'	https://www.yourlocalpantry.co.uk/	Pay a certain amount each month to choose your own subsidised and donated food from the pantries. Not

		all pantries are taking on new members.
Social prescribers (Viaduct care)	https://www.viaductcare.org.uk/social-prescribing-referral/	Referral form to Social prescribing in Stockport. Help and signposting when someone does not know where to start!
Walthew House	https://walthewhouse.org.uk/	Charity providing practical and emotional support for those living in Stockport with sight or hearing loss.
Ability Net	https://abilitynet.org.uk/	Free online resources to help individuals with any disability, of any age, to use all kinds of digital technology.
Disability Stockport	https://disabilitystockport.co.uk/	Providing information and advice for people with disabilities, specialising in Autism and mental health support.
ESOL classes in Stockport	https://gmesol.org/esol-in-stockport/	A guide to ESOL (English for Speakers of Other Languages) classes in Stockport.
SREP	https://www.srep.co.uk/about 07726 641236	Local organisation who support BAME people and refugees. Services vary, so check their website. Drop in for refugees every Tuesday 12.30 - 3pm at The Space, Petersgate, SK1 1HD Support for ethnically diverse communities in Stockport including a culturally appropriate food bank and migrant support
Yaran	https://www.yarannorthwest.com/	Culturally appropriate advocacy and mental health support for BAME people in Stockport. They are in Stockport homes every Weds 10am - 12pm
Migrant Help UK	https://www.migranthelpuk.org/	National organisation providing support to refugees and asylum seekers.
Mobility, travel and transport in Stockport	https://signpostforcarers.org.uk/daily-living-support/mobility/	Link takes you to 'Signpost for Carers page which lists options for travel for people who need support, from 'ring and ride' to Radar keys and applying for a blue badge.

Signpost Stockport for Carers	https://signpostforcarers.org.uk/	Help for people caring for loved ones (friends or family) unpaid. Young carers support, social groups, and advice
Stockport Volunteer Hub	https://stockportvolunteerhub.org.uk/	For those looking to volunteer – includes a list of available volunteer roles.
Age UK Stockport	https://www.ageuk.org.uk/stockport/	Support for older people (50+)The website provides information and advice on a range of topics including money, health, care and support. Services include advice lines and befriending services for those in later life.
ReadEasy	https://readeasy.org.uk/groups/stockport/	Help to learn to read
Open Door	https://makingspace.co.uk/open-door	Mental health support – drop in for people in crisis and signposting to local support
Qwell	https://www.qwell.io/	Online mental health support for people in Stockport
Beacon counselling	https://beacon-counselling.org.uk/	Counselling services available to Stockport residents, including couples counselling and reduced price EMDR for trauma. Also young people and children’s counselling and SHINE peer support group.
Stockport PALS	https://www.stockport.nhs.uk/contact/ 0161 419 5678	Make a complaint or question your care from Stockport NHS Trust (including hospitals)
Stockport Social care	https://www.stockport.gov.uk/contact-adult-social-care	Information about contacting Stockport Adult social care for the first time, and contact details.
Veteren’s food company / Veteran’s breakfast clubs	https://www.stockport.gov.uk/support-from-charities-and-other-organisations/veterans-breakfast-clubs	<ul style="list-style-type: none"> • Breakfast club every Friday from 10am to 12pm at The Produce Hall, in Stockport Market Place. • Stockport County run a pool and darts club, a walk and talk, and drop –in ‘Naafi break’ (every Thurs 10-12 at Stockport County) - Email m.ward@stockportcounty.com

		<ul style="list-style-type: none"> Two Saturday clubs – find out more from maurice.perkins@outlook.com
Veteren's support	https://www.stockport.gov.uk/support-from-charities-and-other-organisations/general-advice-and-support	List of other charities and support for veterans -click on the various topics for more info
Skylight	https://www.sk-y-light.org/	Support for Stockport Homes residents, including employment, furniture for people moving into empty properties, free courses, and funding for community groups. Some services only for Stockport Homes residents
Build a Business GM	https://buildabusinessgm.org/	Support for people who want to start their own business or grow an existing business
Stockport Work and Skills navigators	https://www.stockport.gov.uk/work-and-skills-support	Employment support for people of various ages and facing various challenges. Scroll down to see their phone number or self refer on this link. Part of Stockport council.
Groundwork	https://www.groundwork.org.uk/greatermanchester/gm-get-involved/stockport/	Work support and local activities to boost self esteem
Smartworks	https://greatermanchester.smartworks.org.uk/	Interview clothes, career coaching and work support for unemployed women
Working Wardrobe	https://www.gmworkingwardrobe.co.uk/	Interview clothes and coaching for men or women looking for work
Childcare information and help with costs	https://www.stockport.gov.uk/topic/early-years-and-childcare	Early years and childcare costs
Apply for a school place	https://www.stockport.gov.uk/start/apply-for-a-school-place	Applying for a school place, including if you miss the deadline or change schools.
HAF and summer clubs	https://www.stockport.gov.uk/topic/holiday-activities-and-food-programme	Find holiday activities for kids, HAF provision is free for some families

Seashell trust	https://www.seashelltrust.org.uk/	Support for families of disabled children
Community Computers	https://www.communitycomputers.co.uk/	Part of Renewal North West in Shaw Heath, Stockport (Edgeley) Community computers refurbish and recycle old digital devices. People who receive benefits can buy a refurbished laptop for around £60, depending on stock. The Job centre may be able to pay for a device for job seekers using the flexible support fund.
Starting Point's website	https://startpoint.org.uk/digital-learning/ Follow the 'digital inclusion' drop down at the top for more info	Includes our online referral form, blue link under the video on this page. Great for explaining who we are and what we do.
Starting Point services and support	Skills: https://startpoint.org.uk/digital-learning/skills/ Data: https://startpoint.org.uk/digital-learning/data/ Devices: https://startpoint.org.uk/digital-learning/devices/best-value-devices/ Digital Champion resources: https://startpoint.org.uk/digital-learning/volunteering/digital-champions/	- See 'skills' for our list of current skills sessions. - See 'Data' for databank sessions and our 'social tariff broadband' guide - See 'Devices' for our list of low cost devices and device lending library info - Digital Champion resources for useful tools and documents for volunteers All info updated quarterly
Starting Point Learnworlds site	https://startingpoint.getlearnworlds.com/	Sign up for free to access our learning guides – use these with learners or upskill yourself. Also free training courses for Digital Champions
Learn My Way	https://www.learnmyway.com/	Free, basic digital skills online course from Good Things foundation. Easy to follow modules on useful topics from touch screen skills to online banking
Learn Free (previously GCF Global)	https://www.learnfree.org/	Free digital guides, including more advanced digital topics, for learners who want to stretch their skills, and LMW is too basic for them

Idea Award	https://idea.org.uk/	Free mini courses online for people wanting to stretch their digital knowledge, includes coding courses
Madlab	https://www.madlab.org.uk/	Coding courses taking people from no experience to coding websites or apps. Support to find work after their course finishes and group support.

Changes since last year	Healthwatch nationally has closed down (support to access or complain about health or social care services)
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Make your own notes: